



BACKLASH

Capital District Fly Fishers

Conserving - Restoring - Educating
Through Fly Fishing

November 2006



Presidents Message

Well it's October and I have my new fishing license and no time to use it. Days are getting shorter and temps a little colder and I'm a fair weather fisherman. I hope others are enjoying the water. This is allowing me to concentrate on other things, like there are other things to concentrate on (just don't tell my wife)!! Well I'm getting things ready for the fly tying class that starts in January, thinking about setting up a rod building class and getting things set for the Christmas Party.

HELP!!!! I'm looking for tiers and floor walkers for the tying class and someone to help with setting the raffles up at the Christmas Party. Any help would be greatly appreciated.

If anyone is interested in an officer position of the club or knows of a member interested please contact; John Prokorym, Bill Donato, Walt Susko, or Eric Kroth. The slate of officers, will be made official and closed at the meeting. We are still looking for someone to come forward to do the newsletter, I know there are talented and creative people out there so volunteer and share those talents with the club. Start thinking about the summer on the water meetings and hosting one.

That's enough begging now, so tight line and see you at the meetings.

Paul Sinicki

Holiday Party

Your CDFF Holiday Party will be at the PCC on Saturday December 16th. The cost of the party meal is \$25.00 and must be paid and received by Walt Susko, is December, 10th. We will be having the American Buffet which will include, Chicken Marsala, pasta, meatballs, sausage and peppers, potato, a vegetable, rolls, cookies, coffee and tea. PLEASE get your reservations in ASAP !!!

Help CDFF by donating items for our Chinese Auction. Please let Paul know what you are planning to donate, so we can make room for it and make up place cards for them.

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Click hear to go to the [FFF Web Page](#)

Click hear to [Email FFF.](#)

CDFE Raffle

At every monthly meeting we have a raffle. The raffle prize consists of **at least** two prizes, and generally more than two due to the generosity of our members. We always have a fly box full of flies tied by our member's. Our second raffle item that is generally in keeping with the meeting theme.

How do you participate in the monthly raffle?

The preferred way is by contributing a fly, for which you get One Chance!!!

We always have a tying theme each month; however, your contribution need not be limited to that theme.

OR

**You can purchase raffle tickets for \$1.00 each, 5 for \$5.00
 or any combination of \$1 buck equals one ticket.**

This Months Fly of the Month is;

Super Dry Flies

See Up Coming Events for next months FOM and tie them ahead!!

You can't win if you don't participate!

Either Hand Fly Casting

By Dan Lagace – taken from the Mangrove Coast Fly Fishers newsletter

Either-Hand fly casting offers numerous advantages, and not the least of them is a dramatic improvement in your strong-hand casting. It also doubles the range of fishing and presentation angles in open, windy conditions, and when you are casting into cover. In addition, Either-Hand fly casting lets you avoid most back cast obstacles, allowing you to fish with equal ease from "either side of the river." Further, it's an excellent way to teach yourself how to teach fly casting to others.

Try the following eight-step process to teach yourself how to cast with either hand. Be sure to wear eye protection and use a bare leader when you try this. It will take about 30 minutes.

1. **Start** with 45 feet of line. Grasp the rod with your left hand and pinch the line between the first finger of your left hand and the grip.
2. Envelope the outside of your left hand with your right hand: thumb-over-thumb, fingers-over-fingers.
3. Begin false casting with the rod on the right side; left arm comes across the chest. Let your right hand control the rod, your left hand becomes part of the grip; goes along for the ride. Most pressure is with the right hand.
4. **Increase grip pressure of left hand** so right and left hand pressure are equal. Both hands in equal control to assimilate good left-handed casting from right hand experience.
5. While false casting, **move your hands close to right side of your face**, sensing equal control with both hands.
6. Lay the line down with a forward cast. Lift the line, still casting from the right side, make 6 false casts, lay the line down. Repeat until pickup back cast is as good as regular false casts.
7. **Transfer control to the left hand.** Lift the line to cast, but now to the left side of your face. Continue false casting while moving your hands incrementally between casts to the left hand casting position, with hands outside of your left shoulder, right arm comes across your chest. Transfer control to your left hand by gradually increasing the pressure of the left hand on the grip while diminishing pressure with the right hand with each false cast.
8. Separate your hands and manage the running line with your right hand. **Cast left-handed!**

Show Season

- Every year CDFP participates in the Northeast Great Outdoor Show, this year is no exception. We again will be Selling Raffle Tickets, running the casting pool and casting demos. We also have the Fly Tying booth for youth from 10 to 75. Last but not least, Sell Raffle Tickets, we will have an extensive CDFP Club table to answer show goers questions, Sell Raffle Tickets, sign up people for our Casting Clinic and Sell Raffle Tickets & all that stuff.
- One of our big money makers is the Fly Rod outfit. Rod, reel, line tippet and a box of flies tied by our members. To that end, you are formally being asked to tie up a had full of you're your best Go To flies. Please bring them to the regular meetings over the next few months

Holiday Party

Your paid reservations must be received by Walter by December 10th. Cost \$25.00. We have a Guest speaker, Bobby Lindquist from Long Island, who is an excellent speaker and will have a program that you will not forget.

Random Thoughts From The Tying Bench - 27

By C.W. "Don" Coleman – taken from the Tampa Bay Fly Fishing Club newsletter

A THOUGHT — "... let me introduce an idea—just something to kick around: Maybe your stature as a fly fisherman isn't determined by how big a fish you catch, but by how small a fish you can catch without being disappointed, and, of course, without losing the faith that there's a bigger one out there." — John Gierach

OLD FLIES — It seems like every new fly tyer is inventing "new" fly patterns that you must have to catch fish. Actually, there is very little new in fly tying. Just new materials and color changes. Too many tyers are reinventing old patterns and renaming them without giving credit to the original developer of the pattern. Most of the old patterns are as good as they were years ago, and most are easier to tie and use less expensive materials than their modern adaptations. Look at the old Hackle Fly—now the Sea Ducer—and Brooks' Blondes. I know one Steelhead fishing guide who fishes his steelhead flies on the Florida flats with great results. The first fly I was taught to tie was a smallmouth streamer on a #6-3x long hook with black thread. It had a body of silver tinsel and a wing of brown bucktail over white bucktail. This simple fly caught countless smallmouth and freshwater trout for me for years. It is still as good as it ever was—even in saltwater, but do substitute Mylar for Tinsel. Don't give up on the simple flies of yesteryear just because they are not in fashion. Fly fishing can be a simple, inexpensive sport. In the old days, tyers did not even need a vise or bobbin. You can learn to tie simple flies in your hands too.

FLY TYING 101 — Sometimes even the simplest techniques, which most of us take for granted, causes problems beginning fly tyers. Perhaps an overview of the beginnings is in order. **FIRST**, choose the proper hook and inspect it. Even the most expensive hooks sometimes have flaws. **SECOND**, bend down the barb. You don't need it to hold a fish on the hook and it is much easier than going to the hospital to have a hook removed from your hide. Besides, the hook will penetrate much easier without a barb. **THIRD**, sharpen the hook. Manufacturer's of expensive hooks claim there is no need to sharpen their hooks. Maybe, but you should learn how because you will soon have to sharpen them when they get dull. **FOURTH**, make sure to adjust your vise for the size hook you are using, and then tighten the hook in the vise making sure the shank of the hook is level. **FIFTH**, start your thread with a Jam Knot and lay down a base wrap along the shank of the hook. Understand that the "shank" of the hook is the straight portion behind the hook eye to the start of the bend around to the point. When you tie in material "at the bend," you make the tie at the end of the shank before the hook starts to bend. The "length" of the hook is measured from the front of the eye to the back of the bent portion of the hook. **SIXTH**, hold the bobbin by the shank with the thumb and forefinger with the thread spool cupped in the palm of your hand to apply whatever tension is needed. **SEVENTH**, always wrap the thread over the top of the hook and away from you—with only a few exceptions. Keep a distance between the bobbin and the hook shank short. **EIGHTH**, learn to hold the scissors in your tying hand, with your fourth finger through the hole in the scissors. You can handle most fly tying operations with the scissors in your hand and you will never have to hunt for them. **NINETH**, make sure to close any gap left at the hook eye to prevent your leader tippet for getting cut or tangled. **TENTH**, learn to apply materials using the Pinch Method, which is sometimes called the loose loop method. It keeps the materials on top of the hook shank without rolling around the shank. **ELEVENTH**, learn to whip finish by hand, at least at first, before you try other methods. **TWELVETH**, practice, practice, and practice.

As an inducement to promote ticket sales for the Xmas party John Prokorym will be donating 2 fly rods...1) 9' four pc. 9wgt. medium fast action with case.. 2) 11'6" four pc. 6/7wgt. traditional spey rod with case...along with a box of flies of yet be determined patterns. Knowing what will be available on the raffle tables should be enough to bring out the most hardened GRRNCH!!!

TYING CORNER – Bright Streamer

Article by Eric Schubert - North Idaho Fly Casters Club

Illustrations by Adrian Jund - North Idaho Fly Casters Club

Fly fishers who have had a few years of fishing experience under their belts will tell you that the easiest way to catch a big fish is on a streamer. A streamer is a wet fly that imitates a small baitfish that larger fish feed on.

With the approaching weather changes, trout will begin to key in on these larger food items, knowing that colder weather will severely impact their food availability. Since streamer patterns replicate baitfish, they are among the flies of choice this time of the year. As with other types of flies, there are numerous patterns that are effective this time of year. The Thundercreek series may be among the most popular, along with Zonker patterns. What makes these types of flies effective is that they utilize materials that give the pattern the look and feel of a silver colored baitfish. Our fly of the month, the Bright Streamer, takes advantage of both natural and man-made materials to provide a realistic pattern that large fish will respond to. An added attraction of this month's fly is that it can be fished effectively in both lakes and moving waters. Fish in both these types of waters find this fly to be attractive and take the fly with reckless abandon.

Begin your fly tying by selecting a stout hook that is 4X in length, size 4- 8. The use of any other type of hook will fail to give this fly its much needed profile. The body is made from any wide braided metallic thread. I like the pearl-colored braided threads, as they tend to more effectively replicate the body of a small minnow. Add a small tail of red marabou and with a red marking pen, denote a red lateral line on both sides of the body. Some professional fly tiers have told me that the addition of this red colored material and markings make the pattern appear to be a small wounded fish.

The over-wing and under-wing is constructed from white, brown and olive bucktail, tied in to resemble a Thundercreek style fly. Some of my fellow fly tiers prefer to replace the bucktail with man-made materials such as Flash-hair and similar products. I still prefer to use traditional materials such as bucktail; but do your own experimentation to see what materials work best for you. I do add a few strands of pearl colored Flashabou fibers underneath the over-wing; this gives the fly a little added flash to attract large fish.

When folding the bucktail wing materials, make sure that you create a medium size head for this fly. You will want to add several coats of a clear gloss head cement after the head-portion is completed. Once the head cement is dry, apply a "stick-on-eye" on each side of the head; then add a final coat of lacquer as a protective finish.

Fishing a streamer in ponds or lakes is simple-cast and retrieve it with a slow hand-twist retrieve or simply let it swing and follow behind your boat or float tube as you move. The fish will do the rest. In streams, simply cast the streamer across the current and let the flow take it downstream. Most of your strikes will take place at the bottom of your swing. Cast the streamer toward the bank when fishing from a boat and retrieve it quickly; the fish will leap on it.

With the cooler weather in the forecast, try castings some streamers; you won't be disappointed.

You can not beat this!!!

As an inducement to promote ticket sales for the Xmas party John Prokorym will be donating two fly rods...

- 1) A 9' four pc. 9wgt. medium fast action rod with case..
- 2) A 11'6" four pc. 6/7wgt. traditional spey rod with case...along with a box of flies of yet be determined patterns.

Knowing what will be available on the raffle tables should be enough to bring out the most hardened GRRNCH!!!

THE TYING BENCH

BRIGHT STREAMER

MATERIALS:

HOOK: 4x LONG

THREAD: 6/0 GUDEBROD - CLEAR OR BLACK

TAIL: RED MARABOU

BODY: SILVER BRAID - MEDIUM THICKNESS

OVERWING: OLIVE & BROWN ON TOP OF FLASHABOU STRANDS

UNDERWING: WHITE BUCKTAIL

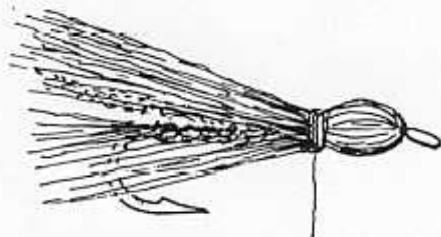
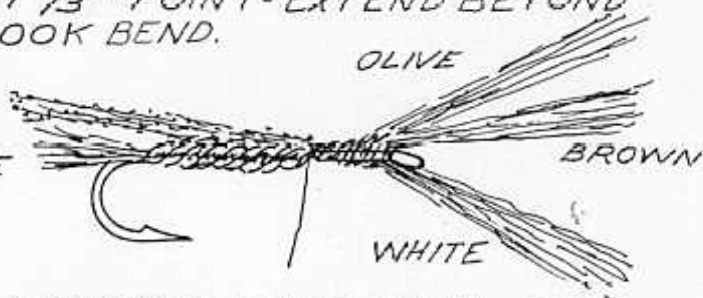
EYES: BLACK OR YELLOW "STICK-ON-EYES"

1. TIE ON RED MARIBOU TAIL - WRAP SILVER BRAID TO $\frac{1}{3}$ RD POINT. MARK RED LATERAL LINES.



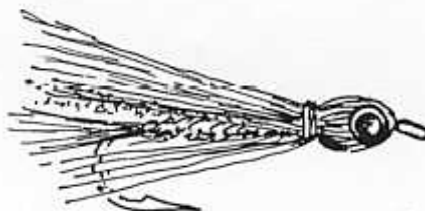
2. TIE ON 4 STRANDS OF FLASHABOU AT $\frac{1}{3}$ RD POINT - EXTEND BEYOND HOOK BEND.

3. TIE ON TWO OVERWING MATERIALS - ROTATE VISE & TIE ON UNDERWING.



4. FOLD BOTH OVERWING AND UNDERWING AS SHOWN & SECURE. FORM A MEDIUM SIZE HEAD.

5. ADD "STICK-ON-EYES" & COVER WITH GLOSS HEAD CEMENT OR LACQUER.



Up Coming Events Calendar

November 7 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
November 8 Wednesday 6:30 FTC 7:00 Meeting	CDFF Monthly Meeting ~ Polish Community Ctr. Washington Ave. Ext., Albany William Schoch, from NYS DEC's Region 5 Fisheries Management – Program “Fishing for Trout” FTC biot butterfly fly parachute, comparadun & sparkle dun. Featured tier: Walt Susko
November 14 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
Nov 18-19	Somerset, NJ Intl Fly Tying Symposium
November 21 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
November 28 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
December 4 Monday 6:30	E-Board meeting - Latham 76 Dinner, Latham NY. All members are welcome and encouraged to attend - It's your club, come join us and share your thoughts!!!
December 5 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
December 12 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
December 16 Saturday	CDFF Annual Holiday Party Bob Lindquist – Commercial Fly Tier and Published Author from Long Island - Confirmed PCC is booked for Saturday 12/16 – Buffet Dinner !!! Reserve the Date – Lots Prizes (Just ask Brad)
December 19 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
2007	2007
January 2 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
January 3	Fly Tying Classes Session 1
January 9 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!
January 10 Wednesday 6:30 FTC 7:00 Meeting	Dave Brandt – Catskill Fly Tier and Instructor for the Joan Wulff School of Fly Fishing will be our featured speaker doing a program, for which he is famous for, Catskill dry flies. We will also have him tying a Wulff pattern WITH OUT ANY TOOLS, including no VISE!!! FTC Catskill Dries Featured Tier: Dave Brandt
January 16 Tuesday 6:30	Fly Tiers Guild – Colonie Youth Center , 5 First Avenue, Latham - All CDFF members welcome - come tie what you want, chew the fat, share patterns, tying tips and enjoy the small talk!!!

Donation of; Equipment, Gifts & Bequest

- The Capital District Fly Fishers is an organization dedicated to “Conserving - Restoring - Educating Through Fly Fishing.” Your gift will help conservation and education programs that support the sport of fly-fishing.
- Through programs for youth, we are working to ensure that future generations have the skills, knowledge and commitment to advance the sport and protect its natural resources. All gifts whether large or small show your commitment to our environment and sport. Your gift is very important. When you are ready to make your contribution, contact any member of the E-Board.

Holiday Party Speaker **Bob Lindquist**

Bob Lindquist is a fly-fishing fool who haunts the saltwaters surrounding Long Island, the spring creeks of Long Island and gets to fish the family property on the Delaware River. Bob's flies have been featured in several magazines and on several websites and are currently marketed by Pacific Fly. Bob's patterns reflect the style and wisdom of his primary influences: Bill Catherwood, Bill Peabody, Bob Popovics and John Prokorym. Bob has done extensive hands on research on both aquatic insects and local baitfish and has traveled over much of the northeast teaching on the topic. Today, Bob has realized that **the** true treasure and knowledge in fly-fishing is the friendships we forge and times we share, so now Bob prefers to focus his efforts on what hooks people to the fly instead of the fish. When Bob is not tossing flies to fish, he is blessed to have a wife and two sons. Professionally, he is a mathematics teacher and coach.

Holiday Party—Top Program

Why Do We Fly-fish

Why Do We Fly-fish wades in to a river of why and explores how fly-fishing seduces us much the way our flies seduce the fish. We reach for the heart of our passion in a personal and humbling way and try to explain to those in our lives who can't quite understand our passion, what we are really after when we cast a fly.

You will not be disappointed, unless you are one of those who don't come. This has got to be one of the best Holiday programs we have ever had. Don't miss it!!!

The BACKLASH - Is the official publication of the Capital District Fly Fishers Inc. and is published monthly from September through May, with summer editions as needed.

Submissions for publication **must** be in the editor's hands two (2) weeks prior to the scheduled monthly meeting.

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